

Sit to Stand Lift



- 1 Patient should be able to sit at the edge of the bed unsupported and capable of at least 35% weight bearing on the lower extremities
- 2 Always compare the weight of the patient with the weight capacity of the sling and the weight capacity of the lift
- 3 Do not attempt to mobilize a patient who is agitated, combative, or aggressive
- 4 Place the sling around the patient's lower back, adjust the belt as needed, and secure in front of the patient using the plastic clip
- 5 Without pulling or tugging, attach the sling loop closest to the patient's body that easily rests on the carry bar
- 6 The patient's feet should be firmly placed on the platform at the base of the sit to stand lift
- 7 Instruct the patient to grip the handholds on the lift carry bar
- 8 Provide the patient with constant communication and instruction regarding the mobilization procedure
- 9 It is not necessary to lock the brakes on the lift while mobilizing the patient
- 10 It may be necessary to widen the legs of the lift to accommodate the width of the receiving surface

